

of poets and poems now and then

1

“O snail

Climb Mount Fuji

But slowly, slowly!”

2

"Try not

To get hit by

Any trucks,

oh Jeez!"

Editor's introduction to Paul Nachbar:

Paul Stuart Nachbar aka Paul the Poet, is a prolific and iconoclastic thinker whose work has appeared in a variety of publications. A musician, intellectual and author, his work pierces the veil of social convenience and human history, to reveal the result, which is often enough hidden in plain sight. Insight finds its purpose, when it sees, and does not look away, but instead, chooses to speak. You may contact Paul through the staff contact page at *Mind* magazine, or send email to: tossedintothepool@gmail.com