

Re-Polarization Theory: Alteration of traumatic memory—The Practical Reconstruction of Modern Personality

Human life is suspended between the particular and the potential. We are all born before possibility, but soon the particular sets another stage upon which the reality of our lives seems inexorably cast...but this is not the case. I have discovered something very important...quite so. The past can be changed. Each second, experience is defined by way of the affect we associate with past experience as it is delegated by the system of affective assignment (Norman, 2013, Quantitative) within the context of evolutionarily conserved affective brain circuitry (Panksepp, 1998). It is this which gives the "mental solids" of the cortex (Solms, 2013) their valence and quality. Briefly put, it is the past which defines the present. It appears we are trapped in our asymmetrical fixated world once the situation has become particular. Think of the familiar example from physics where two imaginary physicists are trapped in a kitchen magnet. One looks about and proclaims their world asymmetrical, and hopeless..."Look, north is forever north, south forever south!" His hopeful and more intelligent compatriot says, "No my foolish friend: I will heat the world, and behold, as the magnet heats the field is disrupted and the symmetry of the universe is revealed...hope becomes manifest! The world is pure freedom...there is no north or south!" It appears we are trapped by the past and by the very shape of our modern personalities, the situation forever fixed for the modern human, for the victim of abuses, rape or molestation the situation even worse, the fixations and suffering a constant torture to repress. Symptoms of the worst sort will likely result, hysteria, OCD, paranoia...neurosis and psychosis—are all but assured. Modern personality itself, so poorly designed by way of masochistic penalty (Norman, 2013, Prometheus) fixes the situation in the unconscious, creating a hopeless dilemma. What can not be seen and heard, is hidden and safe, an enemy must be present to be fought and defeated!

It seems that our immoral dissociated modern personality itself, so very inefficient and wasteful as it represses our energies and drives, conspires with life's abuses and suffering to create an intractable dilemma. This is not the case. There is a paper you can read which demonstrates exactly how to disband the horrendous error which is modern personality, and once the structure is gutted, how to replace shame and unthinking obedience (modern personality/sublimation by repression) with a new worthy paradigm, which is ethical, hyper-efficient, and allows the healing of sexual abuse and trauma of various sorts: sublimation by integration. The very past is malleable. I have understood how to change it. This is nothing like psychology as you know it: *this works*. How different is that? This is not pluralistic...most current theory is false for its pluralism...some things are not true! Current psychology outside of potentially damaging medication is ineffective, and beautiful. The unconscious is hideous...you will become familiar with all its contents. I have experimented most carefully, and discarded the false theory, and, kept the efficacious. The pretty psychology, some of the Jung (note: volume three is *excellent*), the CBT (if the situation is severe), the behaviorist nonsense ...all "questionable." The "intersubjective" model—deeply questionable to say the least. A theory popular FOR its inadequacies. This paper is not pleasant or easy reading, but, it may be the most important of all my theories. If you have been sick, there

is hope. That hope does not come from me...it comes from you. This is a method of *self-psychoanalysis*. You and you alone are your hope. If you are a therapist, know that this method transfers easily with no modification into the standard therapeutic situation.

Today there are theories which are so untrue and foolish they are laughable. I have also been told platitudes in substitute for psychology...get over the abuse, do not react to it, or, forgive the abuser. That is flat out silly. If you have been brutally assaulted over and over, you need never *forgive* this "person"! Of course not. You will forgive yourself, not them. You will never be told to "get over" anything. How absurd! Severe damage is not going to vanish under simple repression without creating symptoms. Now, you may cast aside all foolish platitudes, and leave the blame squarely where it belongs, while you heal. You must change the memories. If the abuse was severe, nothing else will work. That is my contention.

After much experimentation, I have deduced that "Intersubjective" theory is largely ineffective, save the demonstrably valid notion of "alpha function." Try the techniques...do they work? Try removing a symptom...does it STAY gone? No, it does not. Once "transformed" it returns in another guise as the cause, the ugly unconscious element, is still active. Intersubjective theory is helpful in the more severe cases (Norman, 2013, re-polarization, p. 25), but in the main, it appears to allow the therapy to go on and on (Bion's patients were in therapy for very extended periods to understate the matter), while not addressing the specifics of unconscious content, which are often seen as ineffable, unnamable or unthinkable (Brown, 2011, p. 73, 134). Ineffable? What a joke. Only in dealing directly with the painful specifics of the unconscious content is there *any* hope. Never move away from pain, articulate it in consciousness. A dream is not an "intersubjective" process (Brown, 2011), and unconscious content is not "ineffable," "unnamable" or "unthinkable"...it is painful...there is a difference!

To begin to restructure the faulty morass of modern repressive personality, we first must remove the warden in our jail: super-ego. This will release the repressions, and in so doing, destroy the remainder of the repressive ego/super-ego structure. The entire of the super-ego will be in this way removed, and replaced with a healthy structure not based on hatred, mutilation and penalty, but instead, based upon the ethical foundations of empathy. This is not easy, and is accomplished by way of regressions. Unconscious content is accessed by clearing away a window of repressive resistance with a technique called the OEP. Then, a symbolic key is used to activate the circuitry which underlies alpha function. This is a vital bit of symbolism which allows efficacious usage of the circuitry and its transformative properties which undifferentiate fixations efficiently, once attached to SPECIFIC unconscious content. "Beta elements" are not avoided, but used directly to destructuralize existing personality and fixation at the same time. Several approaches to active and reactive re-polarization are discussed along with specific examples. Symbolic analysis is discussed. This is not a pleasant paper, it is long and much too specific, but, it is one of my most important. A complete redesign of the mistaken structure of modern personality. Here is the table of contents:

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Here is the abstract: Re-polarization theory is an extension of Freudian transference theory which suggests that all of reality is defined as a symbol is defined, via transference. This transference is mediated as to the affective valence distributed to define reality from limbic and other primary sub-cortical sources by the neocortical mnemonic store—by the past. The neocortical store can be reconsolidated, specific mnemonic content re-polarized, so as to create a new mental topography; exchanging a system based on the paradigm of sublimation by repression, for the more efficient sublimation by integration. This is accomplished through the destructuralization of super-ego, and, the manual engagement of fundamental brain circuitry first detailed by Schore, so as to alter on the most basic level, our "experiential template" which defines reality through various levels of resistance, allocated in a stratified structure. This same circuitry is what underlies Bion's alpha function, which although ineffective in a non-directed therapeutic application, finds immediate and profound utility once directly utilized to undifferentiate specific fixated unconscious content. The processes of active and reactive re-polarization and their utility are discussed, as well as a method to utilize an "alpha function key" in order to undifferentiate and integrate potentially pathogenic cathexes from events such as molestation and rape.

So dear friends, please do read the paper if you need this information. I assure you, in this day of fakery and weakness, where what is pleasant is believed to be what is true, and what is hard is scoffed at and avoided...there is still truth available. Few want it, and fewer deserve to heal or find happiness in this "particular" life. Here my friend, if you are stronger and better, the sort who WANTS the truth rather than a pretty lie and more pain, I have found this thing for you. I welcome you into a new world where the past is ours to craft, and the future, ours to create. Nothing would please me more than to give you this thing. I have found a new day, something beautiful after all ugly truths: our perfect future.

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http://thejournalofunconsciouspsychology.com/web_documents/re-polarization_theory.pdf

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