

Atavistic evolution: the nexus of human error and answer, pt. 2

For this essay to be meaningful part one of the series must be read in detail.

". . . to "improve" men: this above all was called morality. . . To call the taming of an animal its "improvement" sounds almost like a joke to our ears. Who ever knows what goes on in menageries doubts that the beasts are "improved" there. They are weakened, they are made less harmful, and through the depressive effect of fear, through pain, through wounds, and through hunger they become sickly beasts. It is no different with the tame man..." Friedrich Nietzsche, *Twilight of the Idols*.

Introduction:

I wish to sketch out a few ideas which will piece together a clear picture of the reason we are all at each other's throats and how to correct the problem. Just yesterday, I was told by a very intelligent and mistaken woman, that I should apologize to those who have abused me, if I am to be a worthy person. Guilt plays a very specific role in the aspects which have us tied fast to a disconnected life. The answer is a *parallel atavistic re-inculcation*. This essay will begin to explain the real nexus of the human problem, and meaning of the solution. This alteration, will restructure human consciousness, and permit a quanta of pleasure to be bound into each moment, alleviating neurosis and the hollow hunger which yields manipulable commercial appetites, stupidity, reactive aggression, immorality, obedience to authority independent of thought, and lack of non-local and empathetic connection by way of repression. The entire human error, is available to be recast...here. This error is the source of the problem which is man—his addiction to money, exploitation of all things and each other: in short... a life of foolish obedience, hollow appetite, endless consumption, reaction and aggression. This is the nexus, of the error.

The essence of this new design of personality, is atavistic, meaning it is a return to a long forgotten form, a form most ancient, yet a basic and fundamental aspect of topographical orientation and dynamism, which is in fact, ontologically, ontogenetically and phylogenetically, fundamental. The foundation of man, is right, it is only the carpentry of later years which is crooked. To repair this one error, will alter the conditions upon which the diverse spectrum of human hopelessness, and intransigence are based.

To have read the first part of this series is to understand the transformational result: a personality type which by way of the basic sublimation of experience, is filled with pleasure and a sense of "fullness," alongside a hyper-sexualized deep sublimation of caring, bound into the earth, and other people, as a matter of identification. This is a product to no small degree of super-ego/ego destructuralization, and as you know, it is super-ego which curtails pleasurable internal expression characteristic of elated states, and the SEEKING system in general, which promotes interest in the world...please think of the superb neuroscience of Panksepp. The specifics of these statements will be supported later. Super-ego, enforces obedience, by way of inculcating into the subject via introjection...a death wish. This was once external penalty, delivered by cruel

patriarchy. Now, these structures wait, as pieces of phylogeny, coded into epigenetic DNA. I will spell that out in detail later as well. For now, let us look first to the effect, and watch it work...we will then see the way this one tragic error, has ruined the race.

Basic attachment dissociation: an internal solution

I have been on both sides of this fence. Now, I can see it clearly. My good friend visits, and he is as I was. The narrow range of topics, complaints and anticipations gone over again and again, and the constant consumption of alcohol, food in excess, drugs, and entertainment. He is not full inside, and feels little pleasure in anything, so he seeks external remedy for the internal problem of having low dopamine and endorphin activity. I was no different. The basic construction of personality yields a result: Always drinking, eating, smoking, dreaming and complaining. Stimulus, action is required. To satisfy this constant emptiness, he works and works, so he may make money by the bucket, to consume and consume. He is sure, Donald Trump is the right choice for president, as this candidate hates immigrants. The topics discussed are always centered around money...always. Money, is the answer to all hollow things, and the measure of value. My friend is quite normal in all of this. With the exception of my political views, I was no different.

Here we can see part of the effect: a constant emptiness which must be filled up with products, stimulation at all times, and in this external way, we are full for a moment, and so, must always refresh the effect, the car we bought last year no longer excites, the drugs we took and the liquor we drank are gone, so we need money, so we may consume, and be full. One waits ... hoping the week goes quickly, so a bit of coke, and a glass of whisky, or perhaps a show, may allow us to feel better for a while. One never wonders why one never feels good to start with. The circuitry which provides interest, anticipatory pleasure, and a sense of fullness and safety in other aspects (dopaminergic and opioid system distributions run parallel projections from the A-10 nuclei and other places), is not engaged, and we feel anxious and empty, and perhaps a line, a glass of booze or a pill from the doctor will help, and they do. These addictions to drugs, material consumption, food in wretched excess, and all the rest, are bound up with the lack of empathy, which is mediated through the same pathways. Without stimulation and distraction, guilt waits! Let us watch TV, and have a beer. No wonder, people would rather shock themselves, than be alone. Conscience, super-ego, lurks. We repress, and believe we are "bored," or anxious and know not why. I will tell you...why.

You will not believe what I am about to tell you. But it is true. Healthy people, do not wish to know this...not in any way. Once you see this, you will understand the relation between these structures, intelligence and obedience. I will later detail exactly how guilt, creates the repressed unconscious, and also, how this structure may be altered, to superb result. I contend, that the repressed unconscious, as it exists today, need not exist at all. To change the energies here, will change the destiny, and worth of our race.

The history of the race has left within us an imprint...its ancient lessons and abuses must be learned, and they are passed on as epigenetic information which spans generations.

These impressions are unconscious...you see NOTHING of them. Nothing...however, they have a profound influence on our worlds, and can be inferred as to their dynamic influence by analyzing mental illness...also...they can now...be observed in consciousness.

Drugs are routinely used which alter the levels of 5-HT, and, repression is 5-HT dependent. I was prescribed those drugs, and as 5-HT dropped in withdrawal, a new situation became available (please ask for papers and books...there is deep detail, not found in the falsehood of modern psychological literature). That new situation is: the direct divulgence to consciousness of undistorted unconscious content. Even a schizophrenic is shielded in his florid stages of illness, shielded by distortions of said content...so this is new.

<http://thejournalofunconsciouspsychology.com/blog/2013/12/21/5-ht-and-repression-the-key-indoleamine-the-unconscious-gateway-of-civilization-creativity-and-hell/>

What I found, directly confirmed the Freudian view, and demonstrated the reality of the unconscious replacement gratification fantasy. I saw...the penalties and reactions to, super-ego. I will mute the information by a measure of 99%, and tell you of it. This is the penalty of super-ego. This, is what is buried in the mind of man:

". . .we can tell what lies hidden behind the ego's dread of the super-ego, its fear of conscience. The higher being which later becomes the ego-ideal once threatened the ego with castration, and this dread of castration is probably the kernel round which the subsequent fear of conscience has gathered; it is this dread that persists as the fear of conscience." [Sigmund Freud, "The Ego and the Id" in *A General Selection From The Works of Sigmund Freud*, p. 233.]

I saw acres and acres of horrid imagery, of only one thing: castration...hundreds and hundreds of scenes, all playing at once, each from a different period of my life. Although I had never been threatened with castration, and had read no psychology at that point...only one topic...mutilation of the genital...with knives, forks, torches, machetes, wire, iron implements...etc. Scenes with hundreds of knife wounds delivered in seconds...so much hate and frustration, as to be indescribable. Man...is a bomb. This, is his unconscious. Perversion. Nothing but. Obviously, we see sadism. Obviously, we see masochism. This...is ill. This, is our inheritance from history: we will obey and worship the father, and do exactly what we are told...or else. Death...by cutting. You can hardly imagine what lies within...the modern man. For this, you are grateful. Research has informed me: The female case may have a parallel mutilation, or substitute deadly exposure, which manifests as they typical female conscience centered around loss of love, which was once somatic care.

So, you can see, the mental economy of a modern is ruined, and hopeless. 80 percent of their energies are bound into fantasy, they can not see. Those fantasies, make sure, we are deeply yielding to authority, and, that we have all but no pleasure or mental ability, compared to our potential. Look at all that wasted energy! Each one of those fantasies is

sure to cause symptoms, or ruin mental economy. We are as an isometric exercise which pits the right arm against the left...and wastes all things. To keep so much energy hidden costs not just the wasted energy in the unconscious, but just as it sounds...to RE-press—one must always expend more energy against the emergence of these ideas, again and again. Note how symptom formation in correct Freudian psychology is just such a breach in the repressive process...*the return of the repressed* is the mechanism of symptomatic production itself. Just to know that, is to know: repressive dynamics, are themselves the cause of neurosis, as what is not repressed can not return to form symptoms. The basic construction of our minds, is flawed.

Am I right? Could I be? Let us see. Since the inculcation into human personality of top-down control by way of super-ego (we will soon find the exact historical time period of its emergence), has it done a good job of controlling aggression, or a lousy one? Is it only "lousy," or so deeply and tragically failed, we can firmly and rightly state...it is complete farce: Failure, in all cases. Please click below, and assess if this idea has failed in controlling aggression. Has it done exactly what I say, and created the human bomb? ... Or do we see peace? Look:

https://en.wikipedia.org/wiki/List_of_conflicts_in_Europe

Know it...in all of history, nothing has changed. We see but one thing: hatred, armies in stupid submission and obedience—killing...throughout all of time...nothing but. Super-ego, causes obedience, weakness of spirit and mind and *deep stupidity*; as to the control of aggression...it is failed. In all of time, again and again, the same error is repeated. Now, you know why: The same reason we are empty inside without products, and filled with hatred against ourselves and each other. The aggression within, waits, for a "reason" to spring. We obey, go to war, and now believe, God is on our side, meaning in this case the human father...who condones killing. Next time, the history, and psychology. Then the genetics, and the answer.

You may contact me through the staff contact page at *Mind* magazine:
www.mindmagazine.net

This work is the sole property of the author, Rich Norman
© 2015, and is used by this forum with both permission and gratitude.