

The Epigenetic Unconscious, pt. 1.

Scope and Goal: I wish to advance over the next few articles, a new way of looking at the basis of unconscious processes, which I do hope, and predict, will map out in a general way the next major direction in psychological practice. If I am correct, this may well place an etiologically distinct hard scientific basis of quantifiable measure, under the psychological disciplines. This approach may allow the amelioration of pathology without the use of drugs, by simply suppressing the active expression of phylogenetic epigenetic encoding which supports pathology. It may well be possible to achieve this, with the use of only light and sound. It is possible, that a quantum aspect is also available, and may be testable in its demonstrable dynamic.

DNA is a strange and wondrous molecule. Once stretched out, a human DNA molecule is about two meters long:

<http://hypertextbook.com/facts/1998/StevenChen.shtml>

It has recently been demonstrated, and I had previously speculated, that the phylogenetic is instantiated into, and expressed from, epigenetic DNA:

Methylation of DNA, instinct, technology and phylogeny: A hypothetical epigenetic modus operandi—the bio-quantum hard-drive:

http://media.wix.com/ugd/cf8614_161ffae8cc6248838a5133b1b5704bae.pdf

Subsequent animal experiments and now this attest to the possibility:

<http://www.theguardian.com/science/2015/aug/21/study-of-holocaust-survivors-finds-trauma-passed-on-to-childrens-genes>

The basis of these new insights has been gained through unconscious analysis. For that reason, I will by way of specific example and analysis, demonstrate the hidden activity of phylogeny as it intersects pathological ontogenetic expression. From this vantage, a view of phylogenetic informational instantiation in relation to syntactic and somatic elements will make clear the role and structure of these pieces of historical legacy.

The above linked information on epigenetic encoding spanning generations so as to produce alteration in stress responses appears correct to me. However, I will assert that this alteration in systemic response is tied to specific pieces of phylogeny. These deeply embedded psychological scripts are a sort of experiential template, which defines the relational meaning of the elements of experience. I will spell all that out, including not only punitive structures but also the origins of archetype as extending from somatic instinctual development as a function of response and social complexity. We will see the genesis of human intransigence itself, the unconscious resistances extending from the repetition compulsion, are themselves pieces of expressed epigenetic learning. To gain these new insights, we must first do what is NEVER done in modern psychological

practice: we must directly and honestly assess the precise role of the unconscious elements in their form, suppression, substitution and expression.

Modern pharmacology has brought us an unexpected "gift," the word gift meant in both German and English all at once. SSRI drugs, are potent in their amelioration of pathology by way of repressive supplementation. Likewise, when withdrawn, a new situation emerges where unconscious content may at last be directly observed without distortion.

<http://thejournalofunconsciouspsychology.com/blog/2013/12/21/5-ht-and-repression-the-key-indoleamine-the-unconscious-gateway-of-civilization-creativity-and-hell/>

This lowering of 5-HT to allow access to unconscious content can be reverse engineered to permit a window of resistance to be cleared away, so we may access the dark world of unconscious dynamism in daylight. The debates about the nature of unconscious content, its specificity and effects are no longer mysteries at all. Only a wish not to see these things continues the useless debate. Cowardice alone hides, trembling and weak...and proclaims: *mystery*. Let us do better, and see.

http://www.thejournalofunconsciouspsychology.com/index.php?p=1_6_Native-Psychoanalysis

As a consequence of the deeply set human will to avoid these honest topics at any and all costs, I will utilize my ability to pierce the unconscious barrier by way of the OEP and Native Psychoanalysis to reveal the information. This is a real example, and, I have observed its counterparts to be identical. I have seen this dynamic, every day, countless times...for around a decade. This is certain a hundred, hundred times over. Debate here, is resistance, and has no validity.

It is to be remembered that when the particular situation emerged where 5-HT was first lowered, and I first observed undistorted unconscious content in my mind's eye, I was unaware of psychology, and had not read Freud. I observed countless thousand examples of unbearable violence all centered around ritual mutilation of the genitals. It is also to be remembered, that my father never made any such threat, nor my mother. These hideous scenes, were somehow already there, their form unaccounted for by any current circumstance! Each scene of the many many thousands, was closely associated with a particular part of my life, a particular episode: and we may conclude, these scenes were running in my unconscious, invisible and deeply pathogenic, all my life. Unconscious fantasy is a demonstrable, direct, clear and major contributor to all resultant conscious feeling tone.

In this example we can see the emergence of an active piece of unconscious epigenetic phylogeny, and observe the pathology and mental curtailment it implies. Some subjects will be overtly masochistic in their unconscious presentation of these elements, others reactive, and so, sadistic, but in both cases the result is the same: the energetic impoverishment of the system, and the curtailment of libidinal expression. The active

and reactive aspects of the castration complex serving similar roles in this way.

http://www.thejournalofunconsciouspsychology.com/web_documents/re-polarization_theory.pdf

I am highly reactive in my responses to authority; my relationship with my father insuring a profound rejection of and potent aggression toward all authority, which I detest bitterly. This is reaction. The following example is unpleasant, but we will learn much from it, and will soon see how to cure it. If you do not like unpleasant imagery, read no further...or... be brave, and read on.

The example: I am sitting on the swing in my yard, thinking about physics, wondering if I can calculate the spooler function myself, even though my calculus is poor. I can almost see how to do it...great fun! The day is beautiful and warm. My mind is filled with sexuality and warmth, turning away, luxuriating in the problem. Thinking is deeply pleasurable! Then I hear the ugly sound, a helicopter approaches my Eden, here so safe tucked away in my 95 acres with no roads or power. It is flying a search pattern looking where it has no damn business being—ever—like a cop or something. It flies but 100' off the ground directly over head, looking...a SHERIFF! There is a moment of fear. Instantly, I become pathological, my mental capacities suddenly drop to zero, modern repressive topology is instated to replace the healthy sublimation by integration...I am now immensely stupid, and also, vibrating, frothing in anger and hatred. I note my degeneration into abject stupidity. I am now clearly as any modern chest-thumping fool, and have no intelligence to speak of. I have been degraded into nothing. I am quite ill. I look into the unconscious using the OEP. I see phylogeny: the entire of my energies are now as they were when I was ill and repressed, they are running scenes from the phylogenetic, instead of powering new thought: I see the cop hung by pierced heels from a tree, his legs spread ten feet wide, and I am hacking his groin out with a machete. There are several more such scenes running in turn, each with the same principle...the cop is held still, while I cut his groin to pieces and kill him. Ah...this is why I am stupid, all my energies are here, repressed in this guilty fantasy. The energy of the fantasy itself is so severe, that the quantitative factor alone insures repression, as guilt is necessarily created by way of quantitative excess. The system by its very design, assures these notions and scenes will if represented thusly, remain repressed, and, the sadism, invariably, will become guilty masochism—sadism + guilt producing masochism: *super-ego*. Please note how the vibratory rage, is itself quite physically harmful to me, and represents such a masochistic expression of super-ego.

So, we can see the castration complex reinforcing patriarchal authority, once reacted against to create unconscious dynamics and repression. Although I was never threatened with castration, somehow, it is this, which persists as the vehicle of fantasy in response to the stimulus.

Next, I observe the situation, understand the degeneration, and engage the alpha-function key (please see the re-polarization link above). It takes hold, and the scenes of hatred are gone, replaced by the beautiful image representing matriarchal nurturance. I am well,

filled with warmth, and again intelligent.

Now we are in a position to gain not inconsiderable insight into the matter. We can see reality altered, by way of transference from a piece of unconscious fantasy which was called up in response to a stimulus. This unconscious scene instantly altered the feeling-tone ascribed to define reality, acting as a new definition for all experience. The exact dynamic extends from a particular piece of fantasy most precise and well defined. Unconscious content is in all cases specific! This specificity was peculiar, in that the activities and reactions were not drawn from ontogenetic experience in any way, but, the actors and props, were. So, we see in the phylogenetic, relational information outside of experience drawn into active expression, a definitional script drawn from outside of ontogeny, although the pieces of specificity themselves which play the scene out, are indeed from the ontogenetic present. That makes good sense of course. Just as in the case of *Aplysia*, or the holocaust survivor children, a latent memory, a phylogenetic script is waiting, encoded into the epigenetic portion of DNA, a response cued and dormant, until a stimulus awakens the information and expresses the genes, altering stress response and behavior, by way of a particular situationally specific piece of inculcated phylogeny: epigenetic expression as an expression of cross-generational learning. The new situation is recognized as fitting the old pattern, and the old pattern then comes to the fore, and defines the new ontology in its relations, so as to shape response. The phylogenetic is as syntax, relational information, and the current situation is as the words, then defined by the particular contextual phylogenetic syntax associatively invoked.

We can now see, pathology is supported at the unconscious level, and that level, is supported by expressed epigenetic phylogeny. No wonder the neurotic is so intransigent, even beyond his own will to improve...the mnemonic unconscious substantiation of his illness, is encoded into the epigenetic, and that, is expressed at each turn by way of resonance to situational specifics. Clearly, if we are to cure the neurotic, we must curtail the stupefying automatism of epigenetic reaction. All other remedies appear from this vantage, to be less than correct in their assessment of root causes, and so, will lead to only partial cure. If we are to help the neurotic, we must curtail the deepest levels of pathological reaction, and quiet the scripted relations which falsely define the particulars. Only then, will he cease to be impoverished of mental economy, obedient, violent, foolish and ill.

I suggest, that this can indeed be accomplished. Please note above, the substitution of phylogenetic constituents, from those stemming from patriarchal penalty, to matriarchal nurturance. If we can suppress the expression of the former, and substitute the latter, we may well replace threat and profound stupidity, dissociation and reactive moral hatred, with empathetic dynamism, thereby greatly aiding real ethical expression and social unity, while curtailing the dread foolishness and reactive bluster which is the hallmark of our failed modern mental topology. I suggest, wave-genetics and depth-psychology may afford us, exactly this insight. Please return next week, for that information.

